

**APPARATUS AND METHOD FOR REMOVING A REMOVABLE TOOTH
POSITIONING APPLIANCE FROM THE TEETH OF A PATIENT**

Technical Field of the Invention

[0001] The present invention relates generally to the field of orthodontics, and specifically to improved orthodontic tools for removing removable tooth positioning appliances.

Background of the Invention

[0002] As an alternative to braces and other bonded orthodontic equipment, removable tooth positioning appliances, such as aligners and retainers, that tightly fit over teeth are commonly employed in orthodontic treatments for controlled tooth movement to a pre-determined position. These tooth positioning appliances are removable in that they are not bonded to the teeth which they are used to manipulate. In providing such appliances and treatments, it is important to move teeth to an ideal pre-determined position with gentle controlled forces. Typically, the appliance is fabricated to provide accuracy of placement in compliance with the exact shape of the teeth or the exact shape and placement of attachment devices. An example of such a removable tooth positioning appliance can be found in U.S. Patent 6,183,248, Chishti, et al., which is incorporated herein in its entirety by reference.

[0003] Removable tooth positioning appliances comprise a thin shell of material that generally conforms to a patient's teeth but is slightly out of alignment with the initial tooth configuration. By properly choosing the configuration, placement of the appliance over the teeth will move individual teeth to desired intermediate or final positions over time. Depending on the number of teeth that are malaligned, these positioning appliances can be designed to fit over any number of teeth, and often are designed to be placed over the entire top or bottom set of teeth.

[0004] The repositioning forces required to move a tooth from one position to another position in a reasonable amount of time may be formidable. To achieve such forces, these tooth positioning appliance must be relatively stiff (i.e. possess a high strength or high modulus) to provide a sufficient grip on the teeth. The stiffness both ensures that the dental appliance remains firmly in position on the patient's teeth and provides the repositioning force necessary to move the teeth. The stiffness also permits the positioning appliance to grab hold of an anchor device or other surface feature which may be present on the tooth to apply a directed force to execute orthodontic tooth movements.

[0005] While stiffness of the tooth positioning appliance is desirable for providing repositioning forces and for maintaining appliance position on the teeth, the removal of such appliances can be difficult. The requirement that the appliance tightly conform to the teeth of the patient makes it even more difficult to remove these appliances. However, periodic removal of the positioning appliance is desirable for a number of purposes including cleaning, dental hygiene, removal before meals, removal for cosmetic purposes, and removal and replacement in the course of treatment. Unassisted removal by patients themselves is often very difficult. In most or all of these cases, however, it will be inconvenient for the patient to visit the practitioner. As a result, patients will use household instruments, such as forks, etc., to remove the tooth positioning appliance. The use of such make-shift instruments can damage both the patient's teeth or gums and the appliance itself. Moreover, even if the patient can visit a practitioner to remove the tooth positioning appliance, practitioners use orthodontic instruments designed for other uses to remove the appliance. These orthodontic appliances often present the same problems as the patient's make-shift instruments.

[0006] For these reasons, it would be desirable to provide a tool that is specifically designed to remove such tooth positioning appliances from a patient's teeth in a safe, effective, and efficient manner.

Disclosure of the Invention

[0007] It is therefore an object of the present invention to provide an apparatus, system, and method for improved removal of removable tooth positioning appliances from the teeth of a patient.

[0008] A further object is to provide an apparatus, system, and method for removing a removable tooth positioning appliance from the teeth of a patient that reduces damage to the patient's teeth or gums.

[0009] Yet another object is to provide an apparatus, system, and method for removing a removable tooth positioning appliance from the teeth of a patient that reduces damage or wear to tooth positioning appliance.

[0010] Still another object is to provide an apparatus, system, and method for removing a removable tooth positioning appliance from the teeth of a patient that is inexpensive and/or easy to manufacture.

[0011] A still further object is to provide an apparatus, system, and method for removing a removable tooth positioning appliance from the teeth of a patient that reduces the amount of time and/or effort it takes to complete such removal.

• [0012] These objects and others are met by the present invention which in one aspect is an orthodontic apparatus that is specifically designed to be capable of engaging an edge of a removable tooth positioning appliance so that force can be applied to the appliance for its removal from the teeth. The invention, in this aspect, is an apparatus comprising: a handle portion; a member extending from the handle portion and having a distal end; and an engagement block having a tapered edge for engaging an edge of the tooth positioning appliance, the engagement block protruding from the member at or near the distal end.

[0013] Preferably, the apparatus further comprises a stop block protruding from the member so as to form a recess with the engagement block. In using this embodiment of the apparatus to remove the appliance, the edge of the appliance will slide into the recess.

[0014] The engagement block and the stop block preferably protrude from the member at an approximately 90 degree angle. Additionally, the member will preferably have a substantially L-shaped section having a vertical portion and a horizontal portion. In this embodiment, the distal end will be located on the horizontal portion. This configuration makes it easier for the tapered edge of the engagement block to be properly positioned near the edge of the tooth positioning appliance which is at or near the gum line. The apparatus can be constructed of plastic, metal, wood, epoxy, nylon, or any other suitably rigid material.

[0015] It is further preferably for the member to have a substantially rectangular cross-section and that the distal end of the member comprises a planar surface. A planar surface on the distal end is preferred because this surface contacts the teeth and gums of the patient during removal of the appliance. By having the surface planar, the danger of damaging the gums or teeth is minimized. Finally, the tapered edge of the engagement bar can take on a variety of profiles. For example, the tapered edge can be tapered away from the distal end, tapered toward the distal end, or a combination of the two.

[0016] In another aspect, the invention is a dental system for positioning teeth comprising: a removable tooth positioning appliance for aligning teeth of a patient; and an apparatus comprising a handle portion, a member extending from the handle portion and having a distal end, and an engagement block having a tapered edge for engaging an edge of the tooth positioning appliance, the engagement block protruding from the working portion at or near the distal end. Preferably, the removable tooth positioning appliance is an aligner that fits over a plurality of teeth. The system can be designed so that the apparatus has any or all of the characteristics described above.

• [0017] In yet another aspect, the invention is a method of removing a removable tooth positioning appliance from teeth of a patient comprising: providing an apparatus having a handle portion, a member extending from the handle portion and having a distal end, and an engagement block having a tapered edge, the engagement block protruding from the member at or near the distal end; positioning the tapered edge of the member near an edge of the tooth positioning appliance; inserting the tapered edge between the tooth positioning appliance and the teeth of the patient; and exerting force to the handle portion thereby causing the tooth positioning to release from the teeth of the patient. Preferably, the force exerted to the handle portion is in a direction substantially parallel to the teeth of the patient. This helps keep the teeth and gums from being damaged.

Brief Description of the Drawings

[0018] FIGURE 1 is a top perspective view of an embodiment of a tooth positioning aligner used with in an embodiment of the system of the present invention.

[0019] FIGURE 2 is a top perspective view of an embodiment of an orthodontic tool according to the present invention.

[0020] FIGURE 3 is a bottom view of the orthodontic tool of FIG. 2.

[0021] FIGURE 4A is a side cross-sectional view of a first alternative embodiment of a tapered edge for an orthodontic tool according to the present invention.

[0022] FIGURE 4A is a side cross-sectional view of a second alternative embodiment of a tapered edge for an orthodontic tool according to the present invention.

[0023] FIGURE 5 is a side view of an embodiment of the orthodontic tool of FIG. 2 being used to remove the tooth positioning aligner of FIG. 1 from a tooth, the aligner and tooth being shown in cross-section

Modes for Carrying Out the Invention

[0024] Referring first to FIG. 1, aligner 10 is illustrated aligned with a lower jaw 11 for application. Aligner 10 is removably replaceable over the teeth 12. The aligner 10 is intended to effect incremental repositioning of individual teeth 12 in the lower jaw 11. A full description of an exemplary repositioning appliance is described in U.S. Patent 5,975,893, Chishti et al., which is herein incorporated by reference for all purposes.

[0025] Aligner 10 includes a polymeric shell 13 forming an inner cavity, a proximal edge 14, and a distal edge 15. The cavity formed by shell 13 is shaped to receive and resiliently reposition 9 set of teeth 12 from one tooth arrangement to a successive tooth arrangement.

Aligner **10** will preferably, but not necessarily, fit over all teeth **12** present in the upper or lower jaw **11** (only the lower jaw is illustrated). Often, only certain one(s) of the teeth **12** will be repositioned while others of the teeth **12** will provide a base or anchor region for holding the aligner **10** in place as it applies the resilient repositioning force against the tooth or teeth **12** to be repositioned. The gums **16** and/or the palette can also serve as an anchor region, thus allowing all or nearly all of the teeth **12** to be repositioned simultaneously. Additionally, anchors and adhesives, are available which may also serve as attachment points for aligner **10**.

[0026] Aligner **10** is forced down over teeth **12**, typically by the patient biting down on the shell **13** or by other forms of manual pressure being applied to the shell **13**. Edges **14** and **15** are made to engage what is known as the undercut of the teeth **12**. Typically, this type of engagement is helpful in that it allows for specific tooth movements, such as extrusions (i.e. occlusal movement of the tooth). However, this tight fit presents problems in that it is difficult to remove aligner **10** from the teeth **12** once it is in place.

[0027] Referring now to FIGS. 2 and 3, orthodontic tool **20**, according to an embodiment of the present invention, is illustrated. Orthodontic tool **20** is designed to easily remove aligner **10** from the teeth of a patient by engaging distal edge **15** of aligner **10** and separating aligner **10** from teeth **12** (illustrated in FIG. 5). Orthodontic tool **20** has a handle **21** and a member **22** extending from the handle **21**. Member **22** can be either integral with handle **21** or can be a separate piece coupled to the handle. Member **22** has distal end **23** at the end opposite the portion of member **22** that extends from handle **21**. Distal end **23** is a planar surface. Member **22** has a substantially L-shaped portion consisting of vertical portion **24** and horizontal portion **25**. Distal end **23** is at the end of horizontal portion **25**.

[0028] Engagement block **26** is located at or near distal end **23**. Engagement block **26** protrudes downwardly from horizontal portion **25** of member **22** at an approximately 90 degree angle. Engagement block **26** terminates in a tapered edge **27**. By tapering engagement block **26** to a tapered edge **27**, engagement of distal edge **15** of aligner **10** is facilitated for removal (FIG. 5). Orthodontic tool **20** further includes stop block **28** protruding from horizontal portion **25** of member **22**. Stop block **28** protrudes from member **22** so as to form recess **29** with engagement block **26**. During the engagement and removal process of aligner **10**, distal edge **15** of aligner **10** will fit into recess **29**.

[0029] In the illustrated embodiment, engagement block **27** is tapered away from distal edge **23** to form tapered edge **27**. However, alternative tapering profiles are possible. For

example, referring to FIGS. 4A and 4B, two different tapered profiles are illustrated. In FIG 4A, engagement block 26 is tapered toward the distal edge 23 so that tapered edge 27 is flush with the distal edge 23. In FIG. 4B, engagement block is tapered at its end both toward and away from distal end 23 so as to form tapered edge 27 at or near the center of engagement block 26.

[0030] Referring now to FIG. 5, orthodontic tool 20 is illustrated in a position to engage and remove aligner 10 from the teeth 12 of a patient. In using orthodontic tool 20 to remove aligner 10 from the teeth 12 of a patient, the orthodontic tool 20 is positioned so that tapered edge 27 of engagement block 26 is under distal edge 15 of aligner 10, which is close to the gum line. Once orthodontic tool 20 is manipulated so that tapered edge 27 engages distal edge 15 of aligner 10, upward force **F** is applied to the handle 21 by the patient. As this is done, tapered edge 27 is forced between the aligner 10 and teeth 12, causing distal edge 15 of aligner 10 into recess 29. Stop block 28 acts as a safety stop in case of slipping or other misapplied force. By continuing the application of force **F**, aligner 10 is dislodged and removed from the teeth 12 of the patient in a safe and effective manner.

[0031] The foregoing discussion discloses and describes merely exemplary embodiments of the present invention. As will be understood by those familiar with the art, the invention may be embodied in other specific forms without departing from the spirit or essential characteristics thereof. Accordingly, the disclosure of the present invention is intended to be illustrative, but not limiting, of the scope of the invention, which is set forth in the following claims.